

ENABLING JUVENILE OFFENDERS TO SET GOALS

In Monterrey, we have used TOC to help juveniles in jails to better think through their problems and to think about and plan for the future. The students especially like the "Ambitious Target Tool (ATT). It gives them more confidence to set goals for themselves because through TOC they learn they can make the goal possible by breaking it down into smaller steps. Here is an example written by one of our students. Some day he wants to be able to be a good father.

AMBITIOUS GOAL: TO BE A GOOD FATHER

Obstacles	Intermediate Objectives
1. To be here(jail)	1. Get out of here soon
2. Not to have a job	2. Find a good friend
3. Be drugged	3. Not to be drugged anymore
4. Misbehave	4. I behave
5. Not to be constant	5. I'm constant
6. To be irresponsible	6. I am responsible
7. Not to have a degree	7. Study a career
8. Not to have an enterprise	8. I can work as an employee
9. I don't have the needed courage	9. Be courageous
10. To have problems in my job	10. Work without problems

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Obstacles	Intermediate Objectives
11. Not to have good friends	11. Say goodbye to bad friendships
12. Have mistakes in my job	12. Put attention on my job
13. Not to have faith on myself	13. I have faith in myself
14. Not to be patient	14. I have patience
15. Not to be good with the family	15. I'm ok with my family
16. I don't have a degree	16. I have a degree
17. Not to make an effort	17. I make an effort
18. I didn't studied high school	18. Finish my high school
19. I don't have a good wife	19. I have a good wife
20. I don't have enough age to support a family	20. I am old enough to support a family

AMBITIOUS GOAL: TO BE A GOOD FATHER

Obstacles	Intermediate Objectives
21. I don't know how to give good advice	21. I can help people
22. Not to hit my children	22. I know how to raise my kids without beating them
23. To have an addiction	23. I don't have addictions
24. I don't spend quality time with my kids	24. I give my children quality time
25. I don't have life goals	25. I have life goals
26. I don't know how to respect others	26. I can respect others
27. Not to be faithful	27. I am faithful to my wife
28. The lack of love	28. I know how to love
29. The lack of care	29. I am caring
30. I'm under age	30. I am old enough